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**FOR IMMEDIATE RELEASE**  
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**REGISTER TODAY TO WIN PRIZES AT THE NHI WALK-RELAY!**

Seven Categories for Fitness-Oriented Prizes

**Road Town, Tortola, May 29, 2018**– The National Health Insurance of the Virgin Islands (NHI) team is announcing seven (7) prize categories to be awarded to participants at the Walk-Relay for Global Wellness Day on Saturday, June 9, at 5:00 a.m.

Participants must register to qualify for fitness-oriented prizes to be rewarded to the following categories:

1. First/ second/ third team to finish relay
2. First/ second/ third solo walker to finish entire route
3. Best dressed team in relay
4. Best dressed solo walker
5. First person to complete the 10,000-step challenge
6. First student (age 13 -18) to complete relay
7. First student (under 13) to complete relay

To register, email your name, or the names of your team members to [aglasgow@vinhi.vg](mailto:aglasgow@vinhi.vg), or call or What's App (284) 852-7875 or (284) 442-4507.

The route takes walkers from the Queen Elizabeth II (QEII) Park, up the hill behind Peebles Hospital, then they will turn right and walk further up the hill to the Paul Wattley Road junction, and then down the hill to the Joe's Hill junction. From there, walkers will turn left and make their way past the Sunday Morning Well, past the police station, take the pathway between the Cultural Centre and Multipurpose Complex, cross the highway, then make their way back to QEII Park.

Four-member teams can split up the route and make it a 'walk-relay' and have a member at each check point: at the QE II Park, the top of the hill behind the Peebles Hospital, the junction at Paul Wattle Road and outside the Festival Village.

Individual participants can walk the route solo, while others can choose to walk the 10,000-step challenge along the route in the QEII Park.

After the walk-relay, the NHI will host the 'Be Healthy, Be Happy Launch Party' to officially launch the Disease Management and Wellness Programme, which will be followed by prize-giving to walk-participants and various fitness demonstrations. Zumba will be led by Doneisha Findlay-Maduro; Socarobics by Mitch Gordon and Yoga by Dr. Calisa Cruickshank of the *Sangha BVI Yoga*.

Attendees will also be treated to giveaways including t-shirts, water bottles and towels.

The National Health Insurance (NHI) of the Virgin Islands is designed to provide all legal residents of the Virgin Islands with affordable access to the health services they need.

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**Notes to Editor(s): Flier is attached.**

Flier Design – Jehiah Maduro of the Department of Information and Public Relations